



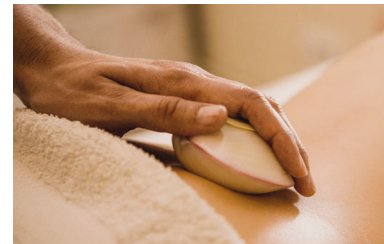
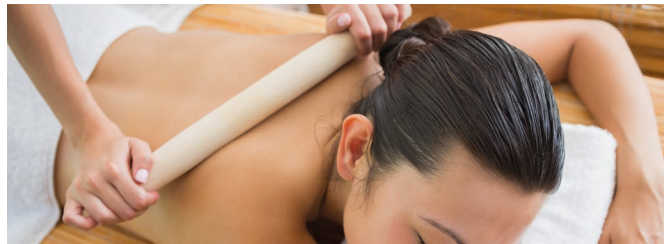
Qi SPA

SPA • MASSAGE • BEAUTY

THE ORANGERY MOOR PARK

01923 273777 | qi-spa.co.uk | Qi Spa App





MASSAGE & THERAPEUTIC MASSAGE AT Qi SPA

Bespoke to your needs, you're in expert hands

BESPOKE BODY MASSAGE

With ESPA 100% natural oils (All 55 mins)

Soothe Massage - Relax & de-stress.

Fitness Massage - Release muscle tension, bespoke oils.

Inner Calm Massage - Mind-calming oils & rose quartz crystals.

Detoxifier Massage

Immune Booster Massage

Maternity Massage - Pre & post.

Extra time Massage (80 mins)

Deep Tissue Massage (55 mins) - Stronger deeper touch.

Sports Massage (55 mins) - Specialised, specific areas or post medical advice.

Neck, Back & Shoulder

- Gentle (40 mins)

- Deep (40 mins)

- (25 mins)

Head & Scalp Massage or Indian Head Massage (30 mins)

Peak Off Peak

£74 £67

£98 £88

£76 £68

£78 £70

£50 £45

£55 £50

£42 £38

£45 £40

CLASSIC SPA

Hot Stones Massage (55 mins)

Hot Stones Including Body Polish (75 mins)

Ultimate Hot Stones (115 mins) - Includes face & scalp massage.

Lava Shells (55 mins)

Bamboo (55 mins)

ESPA Body Wraps (55 mins)

Peak Off Peak

£85 £77

£100 £90

£140 £126

£80 £72

£76 £68

£76 £68

HOLISTIC THERAPIES

Reflexology (55 mins) - Therapeutic foot therapy to activate natural healing & release energy.

Lymphatic Massage (55 mins)

Peak Off Peak

£74 £67

£76 £68

BODY SHAPING

Inch Loss Body Wrap With Mini Facial or Scalp Massage

(1 hr 55 mins) - Draws out toxins & can help reduce cellulite, measure before & after. Includes express facial or scalp massage.

Ionithermie (55 mins) - Using gentle electrotherapy to tone specific body areas. Best as part of a course.

Peak Off Peak

£98 £90

£108 £97

Off peak prices Monday to Thursday, 9am to complete by 5pm.

03



Massage Club — at Qi Spa —

Enjoy the mind & body benefits of regular massage,
monthly or more if you choose.

MEMBERSHIP BENEFITS*

You save **20% off** a Full Body Massage (55 mins)

Plus:

20% off any additional Full Body Massage
Exclusive complimentary treats

KEY BENEFITS OF MASSAGE

Muscle tension release • Relaxation of nervous system
Lymphatic drainage • Improved immunity
Improved blood circulation • Improved sleep & digestion

JOIN TODAY AT

www.qi-spa.co.uk/massage-club
or we would love to talk to you at Spa Reception!

* Membership is individual only. Terms & conditions apply.

EXCLUSIVE

SPA TREATMENT PACKAGES

Exclusive treatment combination packages to enjoy in the beauty of the Grade 1 Listed Orangery. Call 01923 273777 or email info@qi-spa.co.uk.



ESSENTIAL WELLBEING

ESPA 40 mins Body Massage
ESPA Facial or Mens Purifying Facial
£110



MIND & BODY BLISS

Enjoy a Pilates or Yoga class
Full ESPA 55 mins Massage
For pricing please ask at spa reception



PURELY PAMPERING

Full Body Massage
ESPA Facial
Choice of Spa Pedicure or Manicure
£165



CLASSIC SPA LUXURY

Hot Stones Massage
ESPA Facial
Manicure & Pedicure
£210

Tiny touches can make your time special. Selected add-on treats to choose at time of booking. £12 each:

- Glass of bubbly
- Add hot stones or lava shells as part of your massage



FACIALS

ESPA

Natural Beauty Inner Calm

Peak Off Peak

Bespoke Inner Beauty Facials (55 mins)	£76	£68
Active Nutrients Facial (55 mins) - Clarisonic brushing.	£80	£72
Mens Purifying Facial (55 mins) - With shoulder & scalp massage.	£76	£68

ESPA ANTI-AGEING

Advanced Radiance Facial (90 mins)	£102	£92
Ultimate Lift & Firm Facial (85 mins)	£90	£81

Murad Method

Dr Murad developed with clinical trials approach, high performance.

Peak Off Peak

Age Reform Facial Peel (55 mins)	£82	£74
Essential Vitamin C (55 mins)	£82	£74
Retinol Dual Phase Power Peel (55 mins)	£92	£82

BEAUTYLAB[®]

LONDON

Micro-needling Facial - Collagen & elastin inducing using sterilised tiny needles device. Can be used on scarring and body areas. £120-200 depending on areas and time. Courses available.

Facial Consultation Required Pre-Facial - £10 (Redeemable with booking)

A course of treatments will leave your skin clearer, smoother & younger looking.

GUINOT

Peak Off Peak

MACHINE & HANDS-ON

Hydradermie² (60 mins)	£82	£74
Hydradermie Age Logic (75 mins)	£90	£81
Hydradermie Lift (60 mins)	£83	£74
Hydradermie Deluxe (1 hr 45 mins)	£130	£117
Eye Lift (40 mins)	£62	£56

HANDS-ON ONLY

Hydra Peel (45 mins) 24 hr patch test required	£78	£70
Lift Summon (50 mins)	£88	£80
Detoxygen (50 mins)	£78	£70
Hydraclean Express (30 mins)	£45	£40

CACI

Gentle non surgical face lift using micro current. Courses recommended.

Peak Off Peak

CACI Facial (55 mins)	£75	£67
CACI Jowl Lift (25 mins)	£45	£40
CACI Eye Lift Treatment (Up to 25 mins)	£45	£40

Off peak prices Monday to Thursday, 9am to complete by 5pm.



BEAUTY & MENS GROOMING

EYE & FACE TREATMENTS

Brow Tint	£12
Lash Tint	£17
Lash & Brow Tint	£25
Lash Curl	£35
Lash Tint & Curl	£48

* 24 hour patch test required for all new tint clients

WAXING

Comfort wax for sensitive areas - face & bikini

Regular wax

Brow Shape	£15	£12
Brow Shape & Tint	£28	£26
Lip or Chin	£12	£10
Lip & Chin	£15	£12
Side of Face	£15	£12
Full Face - Price varies	£30	
Legs	1/2 - £20 3/4 - £26 Full - £30	
Arms	Under - £15 1/2 - £20 Full - £25	
Bikini	£19	£15
Bikini & Half Leg	£35	£32
High Bikini	£25	£20
Brazilian	£38	£35
Hollywood - All off	£42	

JUST FOR MEN - MENS WAX

20 mins	£22
30 mins	£33
40 mins	£49

THREADING

Lip, Chin or Brows	£10
Sides of Face	£15
Full Face - Excludes brows, price varies	£30

MANICURES & PEDICURES

Luxury for hands & feet

GELS

Long lasting polish & soak off

Gel Manicure	£40
Soak Off & Gel Manicure	£50
Manicure Soak Off	£12
Gel Pedicure	£46
Soak Off & Gel Pedicure	£55
Pedicure Soak Off	£12

Home removal kits available

PEDICURES

For healthy, smoother feet

Spa Pedicure (55 mins) - Hard skin removal, leg & foot massage, cuticles, nails shape & polish if wanted.	£44
Spa Pedicure Deluxe (70 mins) - With thermal booties for deep hydration.	£55
Express Pedicure (30 mins)	£30

REGULAR POLISH MANICURE

Manicure - Treat, shape & polish, includes cuticle care & massage.	£35
Manicure Deluxe - With thermal mitts for deep hydration.	£45
Express Polish (30 mins)	£25



Qi SPA GIFT VOUCHERS

An ideal gift for a treatment or Spa Package



Buy online or at spa reception

Voucher design may vary

SPA TREATMENTS FOR WELLBEING & PERFORMANCE

Our wellbeing at home and work affects our everyday lives for both for ourselves and others around us.

There are proven* links between treatments and the positive impact on wellbeing. Body massage for wellbeing, facials for skin health and beauty-led treatments for self-esteem and happiness can all play a role in your wellness.

Increasingly organisations recognise the need to invest in the level of employee support for mental and wellbeing health - it's a valued factor by employees.

Our Team at Qi Spa look forward to welcoming you.



MASSAGE FOR MIND, BODY & PERFORMANCE



FACIALS FOR SKIN HEALTH & APPEARANCE

*Research sources: Roehampton University on massage and benefits including immunity cells, FIFA on sports & massage, International Journal of cosmetic science, McKinsey

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www.qi-spa.co.uk

Qi Spa App

The Orangery, Moor Park Golf Club,
Rickmansworth, Hertfordshire, WD3 1QN

Cancellation policy: Appointments cancelled with less than 24 hours notice will be charged at 50% of the price of your treatment.

Subject to change: Prices, terms and conditions correct at time of print but subject to change without notice.

